

# Signature Wellness Hormone Replacement Program

*For those who seek to feel their best through hormone balancing*

The Signature Wellness HRT Program includes a medical evaluation and an individualized treatment plan. As determined by the medical history, we assess the delicate balance of hormones in your body to determine if they may be contributing to specific symptoms.

## Medical

Thorough review of history and symptoms by a medical doctor

Lab testing \*\*\* of hormones based on medical history and exam

Detailed discussion of current hormone pattern and how it relates to symptoms

Review treatment options available

Non-hormonal treatments for relief of symptoms including:

lifestyle changes, nutrition and herbal supplements

Natural bio-identical hormone replacement:

Our philosophy is based on the following principles:

- Use a hormone as similar as possible to natural human hormones
- Individualize doses using lab results, symptoms and clinical judgement with regular re-evaluation
- Maintain a natural & optimal balance between the various hormones
- Use the lowest dose possible to achieve relief of symptoms
- Monitor closely for side effects

Hormones evaluated may include estrogen, progesterone, testosterone, thyroid, DHEA, cortisol, melatonin, pregnenolone, insulin and growth hormone \*\*\*

Initial Assessment \$395

Follow up visits are \$169 each and at least 3-4 follow up visits are needed in the first year.



[www.signaturewellness.org](http://www.signaturewellness.org)

**704-752-9346**

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*Combining leading edge science and the art of medicine*

\*\*\* The Cost of Labwork is not included in the Professional Fee. Labwork may be covered by private insurance.